



COACH'S COUNCIL

from opinion to TOD

Coaches Council in Acrobatic Gymnastics

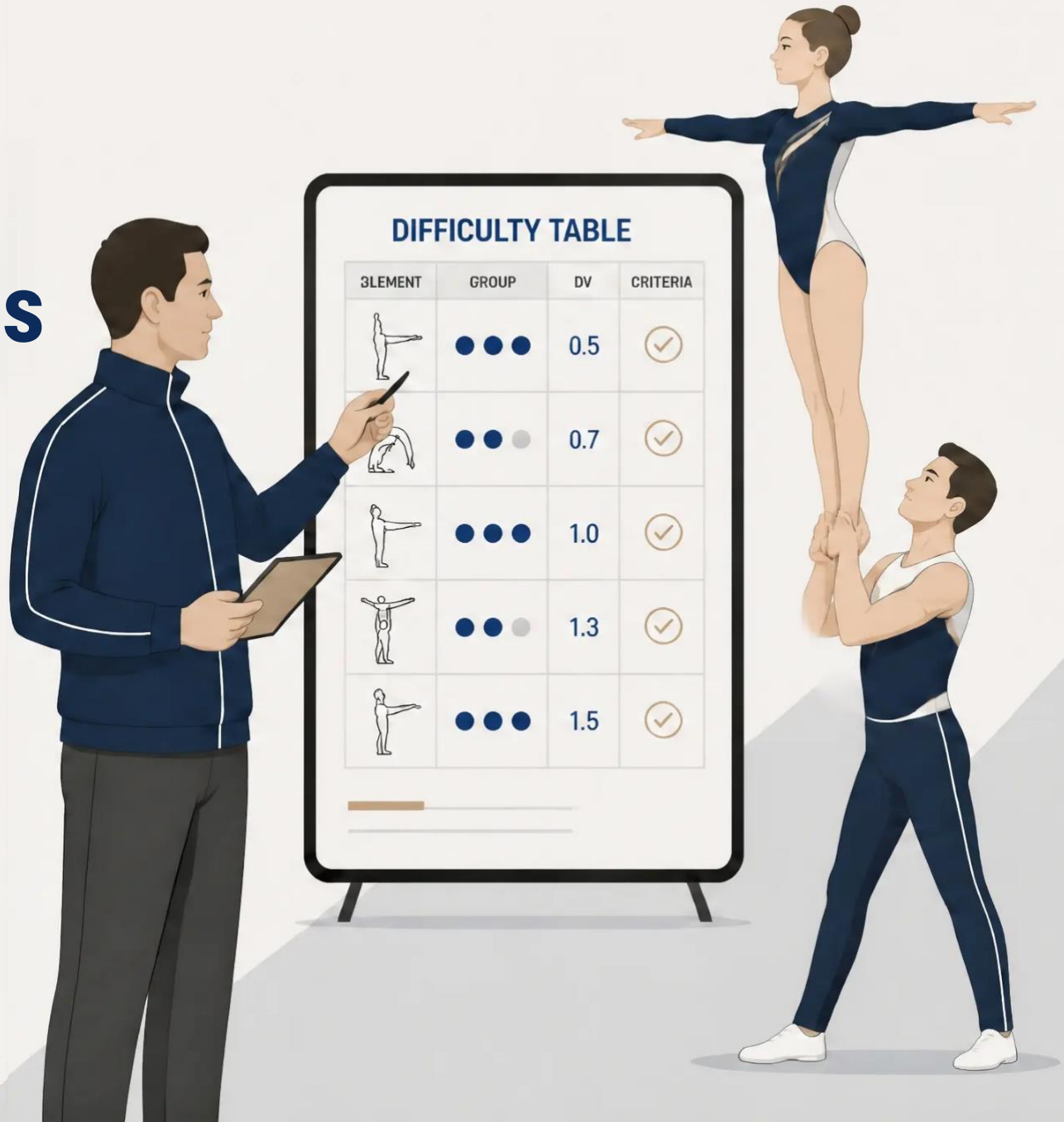
The Coach’s Role in forming Difficulty Tables

An expert group of coaches as co-creators of sporting performance, safety, and progress.

Expertise

Safety

Evidence-Based Recommendations



Philosophy: The Coach as Expert and Co-Creator

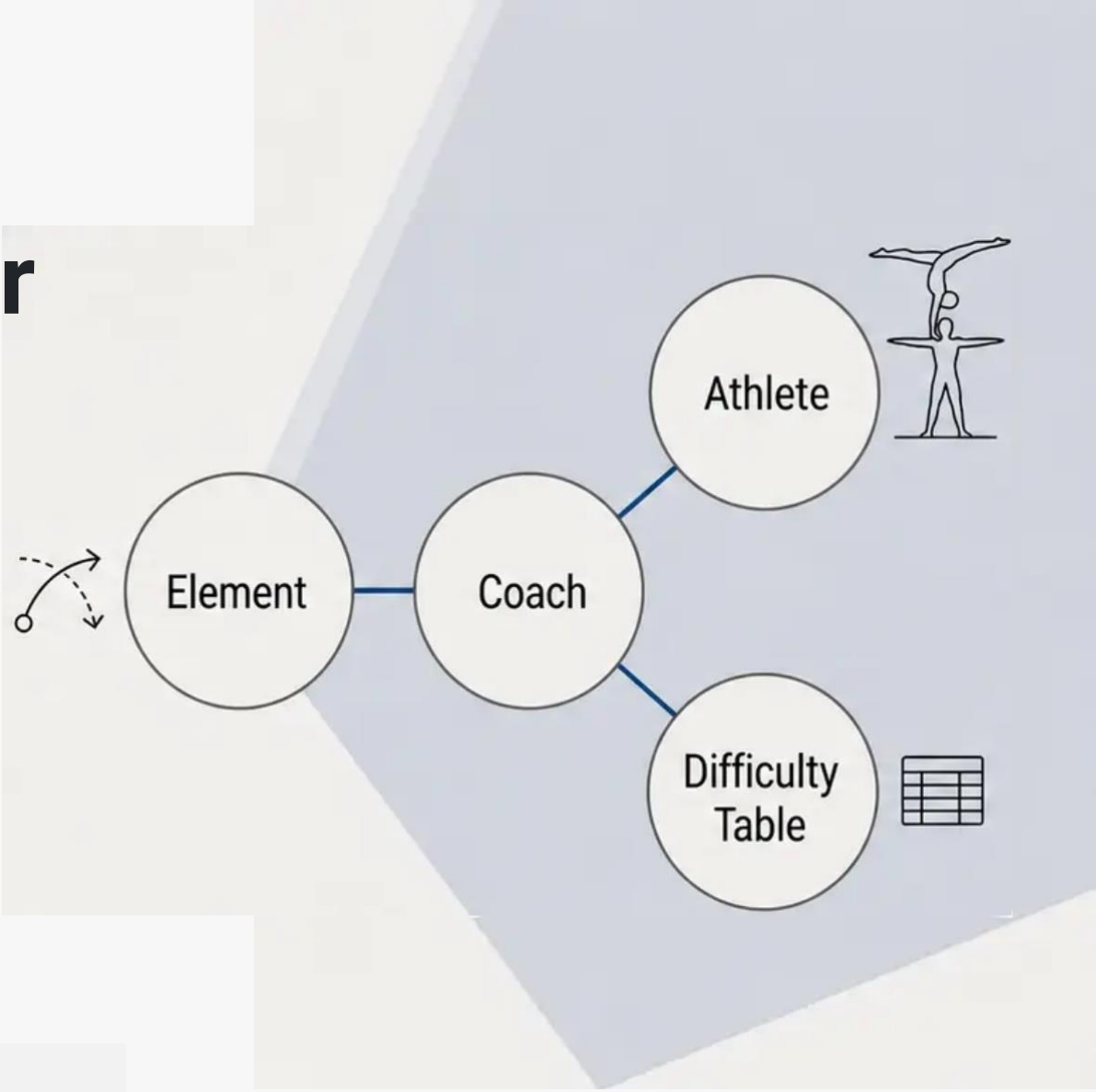
Not a passive observer, but an active participant in evaluation and TOD forming decisions.

— Designs routines

— Prepares athletes to perform elements

— Assesses actual difficulty and risks

— Bears practical responsibility for safety and progress



Core position: The coach has the right and the responsibility to express a well-reasoned opinion on every topic in the difficulty table.

Practical experience becomes a well-reasoned recommendation.

The Council’s Role in the Governance Structure

The Council does not replace the Technical Committee —
it gathers, reviews, and formalizes expert recommendations.



Key principle: the Council supports the Technical Committee.

Key Operating Principles

The Council supports the Technical Committee through evidence-based, practical, and focused recommendations.



Expertise

Decisions are grounded in experience coaching high-level pairs and groups.



Focus on Difficulty Tables

The scope covers the alignment, grading, and adjustment of element difficulty.



Proactivity

Not only identifying a problem, but also proposing a solution.



Support for the Technical Committee

The Council formulates recommendations; the final decision remains with the Technical Committee.



Transparency

Every proposed amendment is supported by technical reasoning and risk analysis.



Balanced Interests

The development of the sport, safety, and a level playing field are all considered.

Primary Criterion: Practical Validity

A proposal must be applicable in real-world athlete preparation.

Core Responsibilities and Practical Roles

The Council turns coaches' experience into verifiable recommendations for difficulty tables.



Gathering Input

Consolidating the coaching community's position on specific elements.



Well-Reasoned Proposals

A summary, rationale, routine examples, and an implementation option.



Feasibility Assessment

Evaluating elements for junior and senior athletes



Risk Analysis

Identifying potentially unsafe decisions and recommending risk-reduction measures.



Precedent Database

Recording successful and unsuccessful changes to difficulty tables.



Testing changes before final approval.



Council Workflow

A five-step process: from issue identification to recommendation and impact assessment.



The Council does not make the final decision — it prepares a well-reasoned recommendation and monitors its outcomes.

Criteria for Formulating Proposals

Every amendment must be assessed in terms of practical application, safety, and its impact on the routine.

PRIMARY CRITERION

Technical Feasibility in Practice for Trained Athletes



Feasibility

Can the element be performed consistently with adequate preparation?



Safety

What risks arise under the current requirements and assigned difficulty?



Actual Difficulty

Does the value reflect the actual difficulty of preparation and execution?



Impact on the Routine

How will the change affect the construction of the competitive routine?

Safeguarding Criteria — Adjustment of Requirements — Trial Period

Outcomes and Value of the Council's Work

The Coaches Council turns Top-coaches' voices into systematic, well-reasoned recommendations that improve the quality of Technical Committee decisions.



The result: more accurate difficulty evaluation, and a clear link between gym practice and TC decisions.

Coaches' Practical Experience

Element-Specific Rationale

High-Quality Technical Committee Decisions